

Name: \_\_\_\_\_

## NAME THREE THINGS YOU ARE GOOD AT:

- 1.
- 2.
- 3.

## LIST TWO POSITIVE WORDS A FRIEND WOULD USE TO DESCRIBE YOU:

- 1.
- 2.

## LIST TWO POSITIVE WORDS A TEACHER, PARENT OR GUARDIAN WOULD USE TO DESCRIBE YOU:

- 1.
- 2.

Put an "X" next to the words that describe you. Then, put an "O" next to the attributes you would like to be true about you, but that you need to practice. Finally, add some words, in the spaces provided to describe you that are not on this list.

Ambitious  
Brave  
Cheerful  
Compassionate  
Confident  
Creative  
Dependable  
Determined  
Energetic  
Enthusiastic  
Flexible  
Friendly

Funny  
Generous  
Gentle  
Hardworking  
Helpful  
Honest  
Honorable  
Independent  
Imaginative  
King  
Likable  
Loyal

Mature  
Motivated  
Organized  
Persuasive  
Positive  
Proud  
Respectful  
Responsible  
Sensitive  
Sincere  
Smart  
Strong

Successful  
Supportive  
Talented  
Team Player  
Thoughtful  
Tolerant  
Trustworthy  
Warm